

School Dance Styles

Association de Danse

CHA CHA COLA

Count : 32 Wall : 4 Level : Improver

Choreographer : Rob Fowler (02/2019)

Music : Sweet like cola by Lou Bega

Intro: 16 counts (approx. 11 secs) – bpm: 120 (approx.)

S1: Side R, Rock/Recover, Chasse, Rock/Recover, Chasse

1,2,3 Step R to R side, cross rock L over R, recover back R

4&5 Step L to L side, step R next to L, step L to L side

6,7 Cross rock R over L, recover back L

8&1 Step R to R side, step L next to R, step R to R side(12 o'clock)

S2: Rock/Recover, Ball Point, Heel Twists, Rock/Recover, Step Together

2,3 Rock fwd L, recover back R

8&4&5 Step L next to R, point R toe fwd, twist both heels R,
twist both heels back to centre (weight on L)

6,7 Rock back R, recover fwd L

8& Step fwd R, step L next to R*(12 o'clock)

***Restart During Wall 11, dance up to and including count 8& of Section 2 then RESTART facing 6 o'clock.**

S3: Skate, ¼ Turn, Skate, ¼ Turn, Jazz Box Cross

1,2 Skate R fwd slightly to R diagonal, make ¼ turn L (weight on L) (9 o'clock)

3,4 Skate R fwd slightly to R diagonal, make ¼ turn L (weight on L) (6 o'clock)

5,6 Cross R over L, step back L

7,8 Step R to R side, cross L over R(6 o'clock)

S4: Side, Together, Chasse, Rock/Recover, ¼ Turn Chasse

1,2 Step R to R side, step L next to R

3&4 Step R to R side, step L next to R, step R to R side

5,6 Cross rock L over R, recover back R

7&8 Make ¼ turn L stepping fwd L, step R next to L, step fwd L (3 o'clock)

Cathy MERIOT - Choréographe / Instructor

106 I chemin des Jardins

83920 LA MOTTE en PROVENCE

tél : 06.61.17.10.82 courriel : cathy.meriot83@sfr.fr

www.countryfriends83.fr